



## Athletics Staff

**Norrie Hay – High Performance Athletics Coach** has been coaching, for more almost 20 years and was the first coach, in the UK, to successfully complete the new UK Athletics Level 3 coaching certificate.

His expertise lies in the more endurance based events, specialising in middle distance. As a coach Norrie has produced a great number of county, district and national champions and athletes under his guidance have won more than a dozen national titles on the track, road and cross country.

Norrie is heavily involved with the Glasgow Endurance Legacy group and is a driving force behind the Glasgow Miler Meets. Norrie joined the Glasgow School of Sport Coaching Team in April 2004 as an Assistant High Performance Coach before being promoted in 2010 to the role of Head Coach where he has revitalised the athletics programme and restructured the coaching team.

Recently Norrie was part of a delegation that visited Zambia to arrange a 2012 pre Olympic Training Camp. Following the visit to Zambia, Norrie worked with Zambian coach Molly Ngulube to deliver the athletics coaching for Zambian athletes during their training camp in Glasgow.



**Eva Rankin – Assistant High Performance Athletics Coach** is an experienced athlete and coach, specialising in hurdles, jumps and throws. Eva started her athletics career in her home town of Vienna, Austria when she was 12. She represented her school and latterly Austria at International level in multi events, hurdles and high jump between 1969-1975. During this time she won the Austrian National Championship in high jump and hurdles at junior level. Interestingly, Eva's elder daughter Melanie, a past pupil of the School of Sports was a medallist in the under 20 100m hurdles in the Austrian Championships some 33 years after Eva. In 1968 Eva held a world record in high jump for under 12 girls.

Having settled in Scotland, Eva then started a local athletic club in 1984 and built the membership up to over 100 children. She has also been part of the Star Track training program since its inception and provided after school sport clubs for primary school children for West Dunbartonshire Sports Council.

Eva has a BSc degree as well as a University Diploma in German and a College Diploma in Graphics Communications and joined the School of Sport in her current role in 2010. Eva holds a UK Athletics Level 3 coaching certificate for hurdles.

She still competes today in her chosen sport of Rowing and competed in the World Masters championships in Austria (2009), Canada (2010) and Poland (2011). Eva won the Henley regatta in 2011 in her age group and is the current Scottish champion.



### **David Watson – Assistant High Performance Athletics Coach**

has been coaching for over ten years at club and national level. David still competes in athletics at international level and has been national Triple jump champion on several occasions. David is ninth on the all time Scottish triple jump rankings.

David has Level 2 athletics qualification and has an HND in sports coaching with sport development. David works with sprinters and jumpers and has been involved in coaching at national, regional and club level athletes in these disciplines. David has coached numerous junior athletes to Scottish school titles, national championships titles and national records. David joined the School of Sport athletics team in 2010 and has coached multi-national medal winners in this time period.

