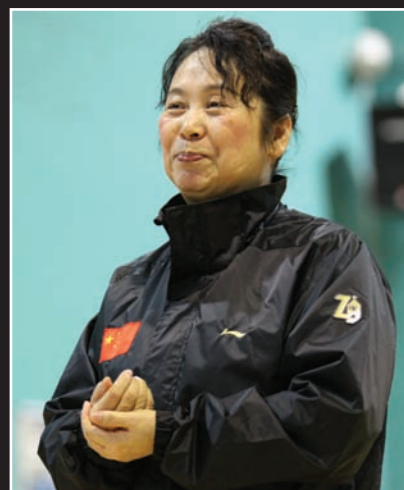


BADMINTON



Coach Qinghua Song from Dalian, China



Matthew and Christopher Grimley



Craig Robertson



Gregor McVean ready to serve



PROGRAMME STRUCTURE

Glasgow School of Sport's Badminton programme supports and assists pupils' development in technical, tactical and physical aspects of badminton. This is achieved through individual and group training sessions during curricular time, before and after school hours.

Training is aimed around providing players with an opportunity to achieve excellence and work through a pathway of representation starting with Area Teams, National Teams and International competitions. Long-term, players will aim for inclusion into the sportscotland Institute of Sport (West) as part of BADMINTONscotland's Junior and Senior Performance Programme and eventually join the Scottish Institute of Sport.

Training programmes are based on four key areas; Stroke Production, Specific Badminton Movement, Tactical Awareness and Physical aspects (Specific and Generic). As players move through years 1 – 6 the demands of each are adjusted to support development of each individual player.

The School of Sport badminton programme is supplemented with individual and team competition programmes at local, national and international events. In addition to the competition programme, players have access to support in Psychology, Nutrition, and Sports Science and undergo regular fitness testing to monitor and evaluate each individual player's progression.

Regular training camps also provide a chance for players to work on specific areas during the year to ensure maximum gains from the periodic training programmes.

The overall badminton programme has led to an experienced team of coaches providing quality planned sessions to facilitate excellent opportunities maximising the potential of players in the School of Sport.

STAFF

Craig Robertson is the High Performance Coach for badminton and Iain Pringle and Lena Robertson are Assistant High Performance Coaches. The playing and coaching experience of the current coaches at National and International levels, with input from former coaches which include Alan McIlvain (National Coach: Belgium), Rita Yuan Gao (Head Coach at Appenzellerland Sportschule in Switzerland) and Gordon Thomson, both International Players, has led to an increase in standards and performances throughout the badminton programme.

Main photo: Kirsty representing Team Scotland at Delhi

OUTSTANDING ACHIEVEMENTS

Pupils from all over Scotland, 14 local authorities, have participated in the badminton programme since it started. The programme has developed and the overall standard has risen year on year. A total of 57 National Titles and 55 Scottish Schools Titles have been won from under 13 to Under 23 Age groups to date (October 2012).

11 pupils have achieved sportscotland Institute of Sport (West) status, more recently through BADMINTONscotland National Junior squads.

INTERNATIONAL CAMPS AND EXCHANGES

A warm weather camp was held in 2002 at Club La Santa, Lanzarote. This ran through to 2006 with the first English Training Camp held in 2003. In 2004 a small group travelled to International Competition the 'Aros Cup' in Denmark and linked this into a joint training camp. In 2010 a total of 14 players attended a summer training camp in Canet, France over a 2 week period.

Since 2004 pupils have gained experience in competitions all over Europe as part of Glasgow School of Sport and National Teams.

In 2010 Craig Robertson was part of a GSOS delegation that travelled to Lusaka in Zambia to meet with players and coaches during their preparation for the Commonwealth Games in Delhi. The purpose of the trip was to assess the needs of Zambian athletes and coaches for a pre games training camp to be held in Glasgow in the build up to the London 2012 Olympics.

In 2011, the Zambian Team arrived in Glasgow for a pre games training camp. The badminton players were based at the School of Sport and were coached by Craig training alongside current school of sport players. 2011 also witnessed the first exchange with Dalian in China with National Coach; Qinghua Song travelling to Glasgow to work alongside Glasgow School of Sport players and coaches.

CAREER PATHWAYS

Many of the badminton pupils have gone on to study at colleges and university in a broad range of subjects, with others gaining employment.

The multi-talented Kareena Marshall is now employed as a Physiotherapist and has switched sports to hockey representing Team Scotland at the Commonwealth Games in Delhi.

Gregor McVean is currently studying accountancy and coaching badminton on a part time basis for Glasgow Life coaching the Glasgow Talent and Satellite Squads. Kirsty Gilmour is on the GB Programme and a member of the sportscotland Institute of Sport (West). In 2011 Kirsty won a bronze Medal at the Commonwealth Youth Games and then her first International Series Title at the 2012 Polish Open. She is currently studying Film Making and Screen Writing at the University of the West of Scotland.

Former pupils Rebecca Findlay, Kirsty Gilmour, Josh Neil and Caitlin Pringle, are all travelling abroad to compete for club teams in Europe.

INTERNATIONAL CHAMPIONS

Li-Ning International - Denmark		
Christopher Grimley	U13 Boys Singles Champion	2012
Christopher Grimley and Matthew Grimley	U13 Boys Doubles Champions	2012
Langenfeld Cup – Germany		
Kirsty Gilmour	U17 Girls Singles	2009
Aros Cup – Denmark		
Kenny Young	U19 Boys Doubles	2008
Kirsty Gilmour	U15 Girls Singles	2008
Adam Hall & Josh Neil	U13 Boys Doubles	2008
Kenny Young	U19 Boys Doubles	2007
Belgium International		
Kenny Young & Stephen McPhail	U19 Boys Doubles	2007
Olive Jot, Belgium		
Stephen McPhail	U15 Singles & Mixed Doubles	2005

BRITISH CHAMPIONS

Holly Newall	U15 Girls Singles	2011
Adam Hall	U15 Boys Singles & Boys Doubles	2011
Josh Neil	U15 Boys Singles & Doubles	2010
Adam Hall	U15 Boys Doubles	2010
Josh Neil	U15 Boys Singles	2009
Kirsty Gilmour	U15 Girls Singles	2008
Stephen McPhail	U17 Boys Singles & Boys Doubles	2006
Kenny Young	U17 Boys Doubles	2006
Stephen McPhail	U15 Boys Singles & Boys Doubles	2004
Kenny Young	U15 Boys Doubles	2004

UK SCHOOL GAMES CHAMPIONS

Adam Hall	U17 Boys Singles and Doubles	2012
Josh Neil	U17 Boys Singles	2010
Kirsty Gilmour	U17 Girls Singles	2009
Kirsty Gilmour & Kirsty McGlynn	U17 Girls Doubles	2008



INTERNATIONAL REPRESENTATION

2012 (4)
Robert Clark, Adam Hall, Holly Newall and Calum Stevenson.

2011 (6)
Kirstie Baird, Robert Clark, Adam Hall, Holly Newall, Caitlin Pringle and Calum Stevenson.

2010 (6)
Rebekka Findlay, Jordan Gilvear, Adam Hall, Josh Neil, Ben Torrance. Kirsty Gilmour - Senior International Representation at Uber Cup and Delhi Commonwealth Games.

2009 (10)
Fiona Archibald, Rebekka Findlay, Lewis Gallacher, Kirsty Gilmour, Jordan Gilvear, Kaity Hall, Gregor McVean Josh Neil, Steven Stewart, Ben Torrance.

2008 (7)
Fiona Archibald, Kirsty Gilmour, Robyn Glen, Kaity Hall, Kirsty McGlynn, Gregor McVean, Steven Stewart.

2007 (6)
Katie Hall, Kirsty Gilmour, Kirsty McGlynn, Lisa McMullen, Stephen McPhail, Steven Stewart.

2006 (5)
Kirsty McGlynn, James McKay, Stephen McPhail, Lisa McMullen, Kenny Young.

2005 (2)
Lisa McMullen, Stephen McPhail.

2004 (4)
Fraser Ballantyne, Kareena Marshall, Stephen McPhail, Kenny Young.

2003 (4)
Greg Anderson, Cameron Barbour, Stephen McPhail, Sean O'Farrell.

2002 (1)
Debbie Bradley.



Selected on to the Achieve programme in 2010 players Caitlin Pringle and Josh Neil

USEFUL CONTACTS

Glasgow School of Sport
www.glasgow-school-of-sportbellahoustonacademy.co.uk
Telephone: 0141 582 0034

Information on badminton sessions and coaching courses available in Glasgow:
http://www.glasgowlife.org.uk/sport/sports-development/badminton/Pages/home.aspx
Telephone: 0141 287 5971

BADMINTONscotland
http://www.badmintonscotland.org.uk
Telephone: 0141 445 1218